



## Medical Practitioner Opportunities

*Thank you for your interest in joining the Ford Health Team. This document is to provide you with a little more information on us and the type of medicine we provide. You can also access our website [www.fordhealth.com.au](http://www.fordhealth.com.au) for more detail. My team and I look forward to discussing with you the opportunities that we feel exist in this area of preventive medicine, and how your specific skills and experience could be best used.*

*Regards,*



### Who is Ford Health?

Ford Health is one of the most innovative and client oriented Corporate Health providers in Australia today. We are committed to delivering a unique range of health programs which improve the wellbeing and effectiveness of working people. Our focus is on assisting our clients to achieve health improvements by taking ownership of their own health and making positive steps toward change.

Ford Health was established in 2001 by Dr Toby Ford, a GP with a special interest in assisting working age people to ensure they are taking positive steps to protect and improve their own health. Working with employers our company provides a range of health services to all levels of employees throughout the organization and in all company locations. We deliver our services throughout Australia, including regional and remote areas.

Since the late 1980s, Dr Toby Ford along with other key members of the team has played a leading role in the development of Corporate Health programs in Australia. Our multi-disciplinary team includes doctors, dietitians, psychologists, exercise physiologists, health consultants and nurses. Our success is largely due to having an experienced and professional team supported by evidence based and system focused programs.

Our aim is to help employees identify and address health risks, and motivate individuals to take action on these. The first action they are often recommended is to discuss with their GP the identified health risks and how these can be managed. At the same time we support them with a range of tools and programs to educate them in a variety of mediums.

Our focus also is to work in partnership with both the organization and the individual to provide Corporate Health Programs which are not only proactive but tailored to specific needs of the industry and type of work. The results we see are a better commitment to action on health change leading to improved health and wellbeing in the workplace. Healthier people for better business.

## Who We Are Looking For

A Ford Health Medical Practitioner must:

- FRACGP, FRACP or VR
- Practice a proactive, preventative approach to health
- Desire to make a change in the health and wellbeing of others
- Engage in a consultative approach to their practice
- Be systems orientated
- Exhibit strong IT skills – both trouble shooting and proficiency in typing in front of patients
- Possess strong communication and counselling skills
- Desire to work in a multidisciplinary team
- Be willing to travel regionally and/or interstate if required
- Embrace a personal health philosophy aligned to Ford Health

## What our Doctors Specifically Do

Ford Health doctors have the potential to participate in a variety of services on offer. The services you could be involved in delivering are determined by your interest areas, qualifications and experience.

### Health Assessments

Healthy Leaders and Healthy Managers Programs - Designed to suit the needs of different workgroups including health assessments, behaviour change program, health education and promotion.

#### *Healthy Leaders*

The Healthy Leaders program is a comprehensive 2 1/2 hour medical and health consultation conducted with a doctor and exercise physiologist.

During this assessment the doctor is allocated two half hour sessions to:

- Review personal, work, lifestyle and medical problems based on a previously completed online health survey
- Review blood tests
- Conduct a physical examination
- Interpret ECG results
- Discuss clinical stress measures and self reported stress
- Make recommendations and referrals

Each patient receives a detailed report on the day. This includes all test results, a prioritised list of identified health risks, recommended action plans, information resources and referral letters to GPs and specialists as required.

### Medical Screens

Other medical based screens are also provided as services. These include

- Skin Cancer Checks
- Coal Board Medicals
- Insurance Medicals
- Pre employment Medicals

## **Other Services**

Our medical staff will also possibly be involved in:

- Follow-up Medical Consultations
- Vaccinations
- Resource and policy development
- Presentations on medical topics

## **What Won't Be Required**

As our business deals with working organisations there is generally no requirement for:

- Weekend and on-call work
- Treatment

Regional or interstate travel for services provided at worksites may be required.

## **Specific Opportunities**

Due to increased service delivery commitments, we currently have numerous half and full day sessions to fill.

## **Remuneration**

Consulting fees negotiated individually.

## **Interested in Working For Ford Health?**

If the above environment and working conditions interest you, please:

- 1 Complete the Medical Practitioner Information Sheet via the link below or attached in the email

[www.surveymonkey.com/s.aspx?sm=qbQsj4r5ixbo7xleXmN6Yw\\_3d\\_3d](http://www.surveymonkey.com/s.aspx?sm=qbQsj4r5ixbo7xleXmN6Yw_3d_3d)

- 2 Forward your resume (including the names and contact details of three referees) and an accompanying cover letter of introduction to [annette.sibley@fordhealth.com.au](mailto:annette.sibley@fordhealth.com.au).

Once we have received the above information we will contact you to discuss what opportunities we may have available.

Or

If you would like to discuss anything further, contact Annette Sibley (Manager - Human Resources) at Ford Health on **1300 660 986** from **Wednesday, 9 June 2010**.